

# ASHGROVE ADVENTURE VIRTUAL CAMP

## Supply List for Outdoor Skills

### Intro to Outdoor Skills - Susie Goes Camping:

- Printable activity sheet
- Pen or marker

### Knife Skills- Opening a Jackknife:

- Printable activity sheet for Making Your Own Jackknife
- Paper Jackknife
- Actual jackknife (optional)

### Cutting Fruit:

- Paring knife (or other controllable kitchen knife)
- Washed Fruit (banana, watermelon, berries, etc.)
- Cutting board

### Pillow Fort:

*Please use what you have on hand*

- Broom
- Beach towels
- Blankets/Bed Sheet
- Chairs (4)
- Snack Bag clip
- Stuffed, Pillows
- Flag

### Hanging a Hammock:

- Hammock Kit
- Trees (2)

### Setup and Takedown of Tent:

- Tent Kit
- Mallet
- Ground cover/Tarp
- Extra tent pegs (if needed)

### Edible Fires:

*Please use what you have on hand and follow your dietary restrictions.*

Printable activity sheet

### Salad Fire:

- Paper Towel/Plate
- Celery Sticks
- Carrot Shreds
- Pea Pods
- Tomato
- Radish
- Nuts
- Cup of Salad Dressing or Water

### Snack Fire:

- Paper Towel/Plate
- Pretzel Rod

- Tootsie Rolls
- Bread Stick Pieces
- Gummies (worms/lifesavers)
- Fruit Leathers
- Twizzlers
- Red Hot Candies
- Water cup

### Camping Tips-

- Soap on Pot:
  - Dish soap
  - Pot/Pan
- Hanging a Garbage Bag:
  - Rope
  - Garbage Bag
  - Sticks (one long and one short)
- Hanging a Mess-kit:
  - Stick (about the size of a pencil)
  - Mess-kit in a small mesh bag
  - Dripline (setup)
- Make your own Fire starters:
  - Fire kisses:
  - Wax Paper
  - Candle
  - Peeler/Scraper
  - Cotton Ball Fire Starter:
  - Cotton balls
  - Candle
  - Can & Pot
  - Cardboard egg carton
  - Tongs
  - Oven mitt
  - Water

### Making Fire:

- Foil
- Sticks (Tinder/Kindling)
- Logs/Fuel
- Fire Starter
- Matches
- Bucket of Water and Branch

### Making a LeanTo:

- Rope (2)
- Medium Tarp
- Tent Pegs
- Trees (2)

### LeanTo with Large Stick:

- Medium Tarp
- Tent pegs
- Large stick/Branch
- Mallet

# ASHGROVE ADVENTURE VIRTUAL CAMP

## Shopping List for Camp Recipes

### Equipment for Snack Recipes

Small knife  
Cutting board  
Gallon sized Ziploc bags (not with slider)  
Heavy Duty Aluminum foil  
Empty Pringles can  
Serving plate  
1" round by 36" long dowel  
Large bowl or 2-gallon baggie  
Barbeque grill or cookie sheet in oven

### Food for Snack Recipes:

#### **Ticks on a Toilet Seat:**

Apples  
Spreadable Cream cheese (or favorite type of spread)  
Raisins (or other topping of your choice)

#### **Ants on a Log:**

Celery  
Peanut Butter (or favorite type of spread)  
Raisins or Chocolate Chips (or other topping of your choice)

#### **Cream Cheese Salsa:**

Cream cheese block- Neufatchel (softer)  
1 jar of salsa  
Bag of chips (tortilla or potato)

#### **BYO Trail Mix:**

Box of favorite cereal  
Sunflower seeds- shelled  
Peanuts (Salted or Honey Roasted or other)  
M&M's  
Mini Marshmallows  
Any other favorite small pieces of fun food

#### **Foil Packets:**

Protein of choice (chicken breast, beef, etc)  
Cooked rice  
Favorite veggies cut into bite-sized pieces  
Olive Oil  
Salt & Pepper

### **English Muffin Pizza:**

English muffins or bagels (mini are fun!)  
Pizza sauce  
Mozzarella  
Meat or Veggie toppings.

### **Solar Hot Dogs**

Hot dogs of choice  
Hot dog Rolls  
Favorite hot dog toppings

### **Ashgrove Tacos**

Fritos Snack bags  
Ground protein of choice  
Lettuce, chopped  
Shredded cheese  
Chopped tomatoes  
Sour cream  
Guacamole  
Salsa  
Any other favorite taco toppings

### **Football Pudding**

1 large box of instant pudding (chocolate or vanilla)  
Oreos (for chocolate)  
Nilla Wafers (for Vanilla)  
Gummy worms  
1 qt. 2% milk  
Flat bottom ice cream cones

### **Dough Boys**

Refrigerator biscuits  
Cinnamon  
White sugar  
Butter or cooking oil

### **Banana Boats**

Bananas with peel on  
Chocolate chips  
Mini marshmallows  
Butterscotch chips  
Caramel cubes  
Any other favorite sweet toppings

# ASHGROVE ADVENTURE VIRTUAL CAMP

## Supply List for Craft Supplies

### **Mail a hug:**

Long paper / a bunch of small paper taped together (needs to be the arm span of the person, long)  
Tape (if needed)  
Markers / crayons / colored pencils  
Large envelope (to mail it)  
Stamps (enough to mail)

### **Soda bottle flower pots:**

Empty 2 or 3 liter plastic soda bottle  
Scissors  
Paint / sharpies / duct tape / decorating supplies  
String / yarn (for hanging pot only)  
Dirt  
Seeds / small plant

### **Origami Froggie: VIDEO**

Origami paper / old catalog / wrapping paper  
Object to help crease paper (optional)

### **Tie Die items: VIDEO**

Sharpie markers (brighter the better)  
Rubbing alcohol  
100% cotton shirt / socks / sneakers / fabric, etc.  
Piece of cardboard to fit inside OR jar to put socks over  
Eye dropper / small spray bottle (you can also use a straw or non-needle syringe but these do not provide as much control)

### **Nature rubbings: VIDEO**

Drawing paper  
Flat-ish nature items  
Crayon with no wrapper / sharp pencil or colored pencils

### **Paper beads: VIDEO**

Old catalogs / wrapping paper / scrapbook paper  
Scissors  
Glue stick (you can use other glue but this works best)  
Round stick like object to wrap around (size of object will guide bead hole size)  
String of sorts (to string your beads and make a necklace / bracelet / keychain / etc.)

### **God's eye: VIDEO**

Yarn / embroidery floss (for toothpicks only)  
Toothpicks / popsicle sticks / sticks of any type

### **Gimp: VIDEO**

Gimp / ribbon / shoelaces / thick string (thicker and or flatter strings work best)  
Tape (optional)  
Key ring (optional)

### **Toilet Paper Tube Crafts:**

Paint / markers / colored pencils  
Tape  
String  
Paper / construction paper  
Other miscellaneous decorating materials

# ASHGROVE ADVENTURE VIRTUAL CAMP

## Supply List for Op Activities

(some items may be used for more than one activity)

- two 3 foot long pieces of string or shoe laces
- Chairs (like kitchen chairs or folding chairs)
- 11 flat objects such as bandanas, napkins, or pieces of paper
- 5 small non-breakable items (all the same) such as paper clips, hairpins, coins
- 5 small non-breakable items (all the same) but Different from 5 items above
- A hoola-hoop or a stick like a broom handle

