

ASHGROVE ADVENTURE VIRTUAL CAMP

Welcome to Ashgrove Adventures Virtual Camp! We hope you are enjoying our virtual camp this summer as we have fun Ashgrove style! We know you can't be there in person, but let's start our day Ashgrove Style: <https://youtu.be/Yf3C8HQ9ZeU>

We start every day with the Camp Song!

(to the tune of "I've Been Working on the Railroad")
Camping days are here at Ashgrove, are a lot of fun,
Learning outdoor skills together, archery in the sun,
Ice cream, nature, crafts, and singing, OP!
Keep us on the run,
We make friends that last forever,
ASHGROVE's number one! We're number ONE!

Spirit Day:

It's bandana day. Your bandana can be used in many different ways, how many can you do today?

Service of the Day:

Call a relative, especially those that need extra "company"

Crafts:

Need help starting Gimp?
<https://youtu.be/otyY6vT2aoQ>

Songs to learn!

Flea Fly Song - <https://youtu.be/D6XJFirGDMk>
Black Socks: <https://youtu.be/mU3ez8L88Bo>

Joke of the Day

What did one toilet say to the other?

(Look in a mirror for the answer)

"ool noy"
did a
"bandna"

Recipe of the Day:

Recipe for

Foil Packets

NAME OF DISH

ADULT SUPERVISION
NEEDED FOR KNIVES AND
THE OVEN OR GRILL

INGREDIENTS

Heavy Duty Aluminum Foil
meat/protein of your choice
cooked rice
Your favorite vegetables
(tomatoes, carrots,
potatoes, green beans,
etc.)
Olive Oil, Salt, Pepper



DIRECTIONS

- 1) Make a double layer of aluminum foil, with a spot of oil so your food doesn't stick when you cook it
- 2) Add any combination of food to the foil packet, and fold it closed so nothing can fall out
- 3) Place in the oven or over the grill until contents are heated to your desired temperature

Enjoy!

Outdoor Skills

Thursday is normally the day of our overnight, if you have a tent practice setting it up and taking it down. Tent setup: <https://youtu.be/BBndtjbFqrs> Tent takedown: <https://youtu.be/HGWn7sW7i6I>

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OP's Virtual Challenge Course

As with all OP activities, remember there is no running, jumping, or throwing of people & objects! If you get stuck, feel free to email Rusty at jmmurphy417@msn.com. She will do her best to get back to you with a hint to help along the way. And most of all remember there is no right or wrong but only SAFE!! Have Fun & let's begin!

Seeking Shelter, from Outta Pompeii! 2012. One buddy or more is needed for this.

Story: You are out in the market place helping repair damages the village suffered during the last earthquake 4 days ago when you feel the earth below your feet quiver and shake. You aren't too concerned because these earth tremors happen often, and lately, have been even more frequent. As you continue along you see a large cloud form at the top of your beloved mountain. It grows larger as it comes down the mountain, right toward you. You must seek shelter until it is over and clears away. Good, there is a small table you can climb on top of it for safety. Once everyone is secure & under the table, count to 50 to help calm your fears.

Equipment: A bandana, napkin or piece of paper for your table.

Setup: Lay the paper in the floor away from any objects you may damage or hurt yourself if you were to lose your balance and fall on them.

Activity: You must get everyone on the paper or bandana at the same time and count to 50.

The overnight always includes skits! Have a look back at this one from your Core Staff called emergency test!

<https://youtu.be/09jCGbZA-80>

A second recipe for the day!

Recipe for

ADULT SUPERVISION
NEEDED FOR
THE OVEN OR GRILL



Banana Boats
NAME OF DISH

INGREDIENTS

Banana (with peel on)
Chocolate Chips
Mini marshmallows
butterscotch chips
caramel cubes

DIRECTIONS

- 1) using a butter or table knife, slit the banana open lengthwise (cutting the banana in half too)
- 2) Add toppings as you desire
- 3) wrap the banana and toppings in foil and place on the grill or in the oven until your toppings are melted

Enjoy!