

# ASHGROVE ADVENTURE VIRTUAL CAMP

Welcome to Ashgrove Adventures Virtual Camp! We are glad you are joining us this summer as we have fun Ashgrove style! We know you can't be there in person, but let's start our day Ashgrove Style:  
<https://youtu.be/Yf3C8HQ9ZeU>

## We start every day with the Camp Song!

(to the tune of "I've Been Working on the Railroad")  
Camping days are here at Ashgrove, are a lot of fun,  
Learning outdoor skills together, archery in the sun,  
Ice cream, nature, crafts, and singing, OP!  
Keep us on the run,  
We make friends that last forever,  
ASHGROVE's number one! We're number ONE!

## Spirit Day:

It's Crazy Sock Day! Find some crazy socks, they don't even need to match, and put them on.

## Service of the Day:

Help someone with yard work today. It could be a family member or a neighbor!

## Crafts:

Join KitKat as she teaches how to make Paper Beads: <https://youtu.be/sOvbJy9U2g>

## Songs to learn!

Moose Song <https://youtu.be/y7mGmqSuZXM>  
I Love the Mountains:  
<https://youtu.be/S0iQidbyjEo>

## Joke of the Day

What did one volcano say to the other?

For the answer, look in the mirror

Don,  
"I lava"

## Recipe of the Day:

Recipe for

Cream Cheese Salsa

NAME OF DISH

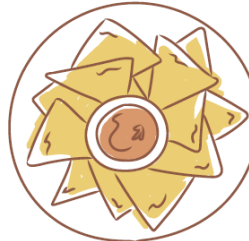
GREAT FOR ANY AGE

INGREDIENTS

Block of Cream Cheese

Jar of Salsa

Bag of Chips



DIRECTIONS

- 1) Put the block of cream cheese on the serving plate
- 2) Pour the salsa over the cream cheese

Enjoy with chips!!

## Outdoor Skills

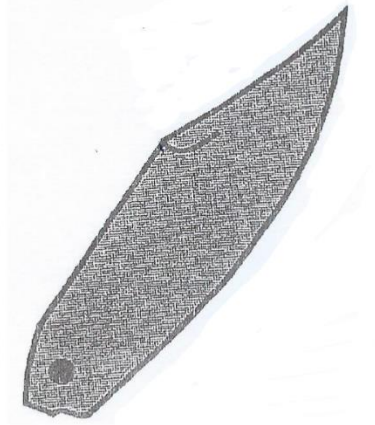
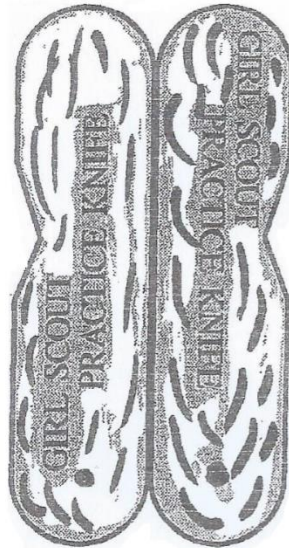
Knife Skills- & Cutting Fruit

Make a paper knife from the directions on the next page.  
Knife Skills opening blade - [https://youtu.be/zr6qYWaK\\_Ik](https://youtu.be/zr6qYWaK_Ik)  
Knife Skills cutting fruit - [https://youtu.be/tcMRcAzP\\_Tw](https://youtu.be/tcMRcAzP_Tw)

## Making your own paper Jackknife

- Heavy cardboard, cut to pattern
- Pencil
- Scissors
- Paper fastener
- Red lipstick or crayon (optional)

1. Using heavy paper or cardboard, cut both patterns out.
2. Punch a small hole where indicated.
3. Put the "blade" inside the "case," and fasten with a paper fastener.
4. Option: add red lipstick or crayon to knife edge to emphasize cutting edge.



### OP's Virtual Challenge Course

As with all OP activities, remember there is no running, jumping, or throwing of people & objects! If you get stuck, feel free to email Rusty at [jmmurphy417@msn.com](mailto:jmmurphy417@msn.com). She will do her best to get back to you with a hint to help along the way. And most of all remember there is no right or wrong but only SAFE!! Have Fun & let's begin!

**Day 2. Knots.** A Buddy is needed for this.

Equipment: Two pieces of string, each about 3' long. Tie a small loop in each end with just a simple overhand or granny knot. So, it looks like this



Set up: Take the straight part of the string and bend it through the loop so, it looks like this



Now slide your wrist through the big loop so it is comfortable around your wrist. [This is a great way to secure a helium balloon, as well.] Have your buddy do the same on both of his/her wrists. Face each other. Take your loose string and thread it between your buddy's hands connected by the string and their stomach.

Now make another loop just like the picture above and slide it over your free wrist so it is comfortable.

Activity: Untangle yourselves without taking the string off your wrists. Good luck!!