

ASHGROVE ADVENTURE VIRTUAL CAMP

Welcome to Ashgrove Adventures Virtual Camp! We are glad you are joining us this summer as we have fun Ashgrove style! We know you can't be there in person, but let's start our day Ashgrove Style: <https://youtu.be/Yf3C8HQ9ZeU>

Let's start with the Camp Song!

(to the tune of "I've Been Working on the Railroad")
Camping days are here at Ashgrove, are a lot of fun,
Learning outdoor skills together, archery in the sun,
Ice cream, nature, crafts, and singing, OP!
Keep us on the run,
We make friends that last forever,
ASHGROVE's number one! We're number ONE!

Spirit Day:

Dig out an old Ashgrove Shirt or any other Girl Scout Shirt and wear it all day!

Service of the Day:

Practice one of our Ashgrove Songs, or another song you like and sing it to a neighbor!

Songs to learn!

The Princess Pat

<https://youtu.be/GJTH6g81OAo>

Alive Awake Alert Enthusiastic:

<https://youtu.be/rPkmzW1YpkQ>

Joke of the Day



Recipe of the Day:

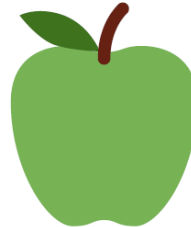
Recipe for

Ticks on a Toilet Seat

NAME OF DISH

GREAT FOR ANY AGE,
ADULT SUPERVISION
NEEDED TO USE A KNIFE

INGREDIENTS



Apples

Cream Cheese

(or your favorite spread)

raisins

DIRECTIONS

- 1) Cut the apple into slices
- 2) Spread the cream cheese (or spread of your choice) on the sliced apples
- 3) Sprinkle the raisins on the cream cheese side of the apple

Enjoy!

Crafts:

Join Tweety as she teaches how to make Jumping Frogs <https://tinyurl.com/y9fhtjw7>

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OP's Virtual Challenge Course

As you know OP is under quarantine this summer, but have no fear, Rusty has devised a way to bring out a little of OP's old inventory from her attic. After all, what is a summer without any OP??

So here are 10 activities adOPted so you can some by yourself, with a buddy, like your sister or brother, or with your whole family. You can do just one a day to spread them out. Or give yourself an OP day & do them all at once.

As with all OP activities, remember there is no running, jumping, or throwing of people & objects! If you get stuck, feel free to email Rusty at jmmurphy417@msn.com. She will do her best to get back to you with a hint to help along the way. And most of all remember there is no right or wrong but only SAFE!! Have Fun & let's begin!

Yokohama from Japan, 2003.

Story: Yokohama is the second largest city in Japan; a port city across the Bay from Tokyo. The Great Kanto Earthquake on September 1st in 1923 totally devastated Yokohama, turning Yokohama into a sea of flames. Now be careful. You can see where the rubble is dangerous. So, let's get over this to see if we can help the people on the other side. You can't touch the rubble. It is too dangerous. So be careful not touch the string, it is too hot. If you have a buddy use them to assist you getting over the sting.

Equipment: String and two chairs

Set up: Try the string to the chairs 12" off the floor.

Activity: Once everyone in your group gets over the string raise it 6" and try again. Keep going, raising it after each time you all make it across. Remember, you may not touch the string at all. See how you high can go!

Recipe for

GREAT FOR ANY AGE,
ADULT SUPERVISION
NEEDED TO USE A KNIFE



Ants on a Log

NAME OF DISH

INGREDIENTS

Celery Stalks
Peanut Butter
(or your favorite spread)
Raisins or Chocolate Chips

DIRECTIONS

- 1) Cut the leaves and bottoms off of the celery stalks
- 2) spread the peanut butter (or your favorite spread) into the "boat" part of the celery
- 3) Put the raisins or chocolate chips on the peanut butter

Enjoy!



Answer to the Joke of the Day

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Outdoor Skills

Outdoor Skills has a lot of fun planned for you this week!

Watch their video here: <https://youtu.be/kd8Bglns2tU>

Susie Goes Camping

Circle the items that Susie should use to pack her camping gear in and things she should take with her. Cross out the items she should leave at home.

